



Empowering me, A woman Journey
Enabling inner and outer beauty
By Subtle Energies

An effective combination of aesthetic expertise and Ancient Eastern applications aiming to reduce ageing signs.

Designed to restore emotional and hormonal balance this rejuvenating treatment will relieve fatigue and replenish body & mind. The journey begins with a gentle meditation, followed by a full body massage with ancient powerful active oils that empower and renew delivered with a fusion of therapeutic techniques to increase vital energy. The treatment conclude with a results based facial that is tailored to bring harmony and nourishment to the skin potent actives including Mogra , Safron and Indian Rose

Guided meditation (30mins)	1
Abhyang Fusion massages (60 mins)	1
24 Gold Age-defying facial (60 mins)	1
Thalassotherapy pool & thermal suite (120 mins)	4
Aura cleansing mist	1

Euro 312 (including VAT).
 Prices exclude accommodation.